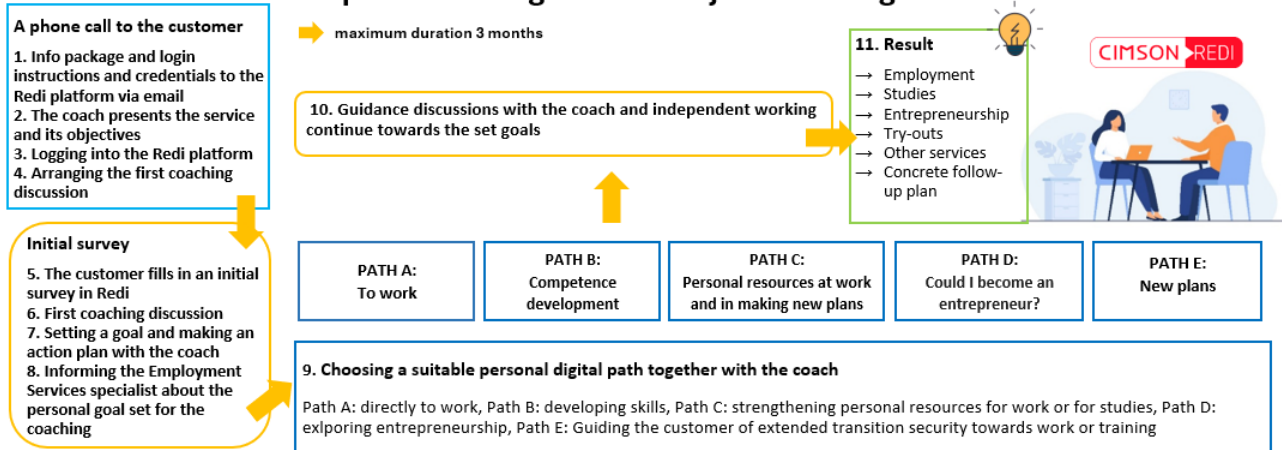


## The process of digital remote job coaching:



# Digital remote job coaching

725257

Find a new direction in working life quickly with the help of Digital remote job coaching!

**Your personal coach will look for a suitable job with you or an opportunity to develop your skills, you will get to know attractive career fields. The contacts of our Häme area employer network are at your disposal.**

- ✓ You work on the digital REDI coaching platform independently on the training path of your choice: **To work -path, Competence development -path, Personal resources at work and in making new plans -path, Could I become an entrepreneur? -path and the New plans -path** for customers of the extended transition security.
- ✓ *On the To work -path*, you will get excellent preparation for your job search, e.g. you prepare or develop skills-oriented job search documents, get tips for using job search channels and searching for hidden jobs, and for face-to-face or video job interview situations. You will also do practical job search under the guidance of your coach.
- ✓ *On the Competence development -path*, you will consider new career options and get a road map for developing your skills, i.e. concrete options for training.
- ✓ *On the Personal resources -path*, you will find new inspiration and fuel for your job search and create new career plans.
- ✓ *On the Could I become an entrepreneur? -path* you get a taste of the possibility of entrepreneurship with a professional entrepreneurship coach and you can think about whether it would be your solution.

## Contact

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- ✓ *On the New plans -path*, you get support and coaching for finding a new direction for your career after the end of your previous employment. You can also use the New plans -path to map and find an individual training path, if you belong to the 55+ scope of extended transition security and are considering making use of transition security training.
- ✓ Your coach will guide you on your digital online coaching path via the REDI -platform and with the help of TEAMS or a telephone connection.
- ✓ You can work on your digital coaching path exactly when it suits you.
- ✓ Under the coach's guidance, you can also choose additional training paths suitable for your situation.
- ✓ With the help of the digital coaching path and guidance, you will get a practical plan for finding your place in work life through job search or training.
- ✓ The tasks you do in REDI, form a digital summary of your coaching path.
- ✓ **The online REDI platform is easy to use and your personal coach will guide you in its use. You need a computer or a tablet to work in REDI.**

## Signing up

Sign up through Päijät-Häme Employment Services specialist.

→ **Päijät-Häme Employment Services -website**



Päijät-Hämeen  
työvoimapalvelut

**CIMSON**  
KOULUTUSPALVELUT