



Rivakka -job coaching

Rivakka is a flexible individual coaching suitable for many different situations, and tailored to your needs. You get a personal coach, who offers you support and helps you progress towards your goals.

In coaching you can e.g.

- identify and articulate your own skills together with your coach
- get new ideas about suitable jobs for you
- make or update your CV, cover letter or LinkedIn profile
- find the best channels and ways for you to apply for a job
- get support for the initial phase of employment or work try-out

How and where

Coaching can be carried out face-to-face and/or remotely (MS Teams). You agree with your coach when, where and how you meet.

The duration and schedule of the service will be tailored to your needs (max. 8 hours/ 4 months). Coaching may continue for another 1 month after the employment begins.

How to apply

Both unemployed and employed job seekers can participate in the training. You can join by signing up through your contact person at TE services of BusinessOulu's employment services.

Contact

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